



FROM HEAP DUMPS TO AWS SECRET

THE DARK SIDE OF SPRING BOOT EXPOSURE



ABOUT CYBERWARFARE LABS:

CW Labs is a Global Infosec company specializing in cybersecurity practical learning situated across UK, US & India. The company has 2 primary divisions :

- 1. Niche Cyber Range Labs
- 2. Continuous Learning : Infinity Platform



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ABOUT SPEAKER

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Security Consultant

Subashini Balaji is a Security Consultant at CyberWarFare Labs, specializing in Red Teaming and APT simulations in enterprise environments. She also writes technical blogs and articles focused on real-world cyber attack techniques and defenses.



Agenda for the Day

- What is Spring Boot Actuator?
- What is a Heap Dump?
- Why Is a Heap Dump Dangerous?
- Prevention
- ATTACK FLOW
- Practical Demo



What is Spring Boot Actuator?

Spring Boot Actuator is a powerful tool that provides production-ready features to help you monitor and manage your Spring Boot applications.

It exposes a variety of REST endpoints that offer insights into the application's health, metrics, environment settings and more making it easier to debug, monitor and maintain applications in real-time.

❖ If Actuator endpoints are exposed to the internet without proper authentication or access control, they can be exploited by attackers to gather sensitive information



What is a Heap Dump?

- A heap dump is a snapshot of the memory heap of a Java application at a specific moment in time.
- The heap is the area of memory used to store **Java objects during the runtime** of the application. **Heap Dump May Contain:**
 - 1. Cloud Access Credentials
 - 2. Secrets & API Keys
 - 3. Environment Variables
 - 4. Configuration Properties
 - 5. Session Data
 - 6. Cached Data
 - 7. Sensitive Metadata URLs
 - 8. Logs and Debug Information



Why Is a Heap Dump Dangerous?

- It can contain sensitive data like:
 - API keys
 - Database passwords
 - Session tokens
 - Plaintext secrets
- * Attackers can find user data or even CTF flags hidden in memory.
- It shows how the app works internally, which helps attackers find more ways to exploit it.

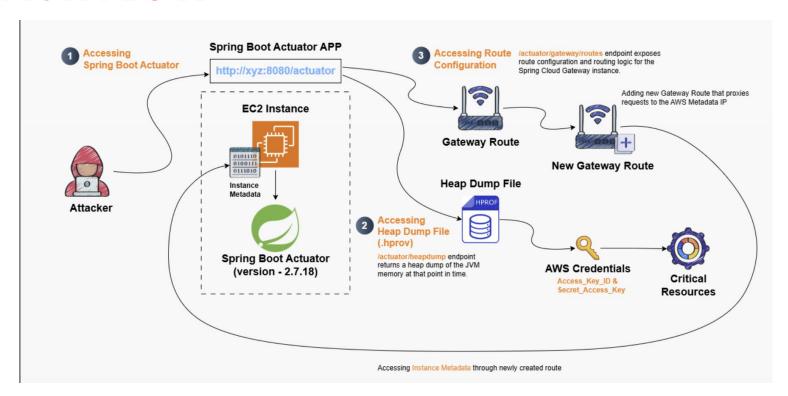


How to prevent spring boot actuator?

- Never expose actuator endpoints publicly.
- Disable unused endpoints.
- Use authentication with Spring Security and roles like ACTUATOR_ADMIN.
- Monitor logs for suspicious access to /actuator paths.
- Block metadata IP access from the app layer.
- For AWS, enforce IMDSv2 and use firewall rules to restrict metadata access.



ATTACK FLOW





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